FIVE RINGS SPORTS
COMMERCIAL FITNESS

SMART SERVO STRENGTH

AI Smart Gym SERIES

8 Smart Strength Machines · Servo-Motor Resistance · 15.6" Touchscreen

A premium line of connected strength machines. A servo motor replaces the weight stack, so resistance is set from the touchscreen and seat, back pad and arm positions adjust automatically for every user.

Servo Motor
Smooth, silent digital resistance up to 180 kg

15.6" Touchscreen
Guided workouts, settings and live training data

Motorised Adjustment
Seat, back pad and arms move to the saved position

180 kg User Capacity
Built for high-traffic commercial floors

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Series Overview

AI SMART GYM · 8 MODELS



L850
Smart Leg Extension / Leg Curl



L851
Smart Chest Press / Seated Row



L852
Smart Biceps / Triceps



L853
Smart Abdominal / Back Extension



L854
Smart Hip Adductor / Abductor



L855
Smart Lat Pulldown



L856
Smart Seated Leg Press



L857
Smart Pec Fly / Rear Delt

L850



Smart Leg Extension / Leg Curl

Smart Strength · Legs

Dual-function lower-body station that trains quadriceps and hamstrings on one frame. Motorised seat and back pad set the correct knee alignment at the touch of a button.

Model	L850
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 110 kg
Motorised Adjustment	Seat & back pad, 150 mm, 0–15 levels
Max User Weight	180 kg
Target Muscles	Quadriceps, hamstrings

L851



Smart Chest Press / Seated Row

Smart Strength · Chest & Back

Push and pull on a single machine. Three motorised adjustments position seat, back pad and arms precisely for both the press and the row.

Model	L851
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	10 – 110 kg
Motorised Adjustment	Seat 470 mm · back pad 470 mm · arms 110 mm, 0–10 levels each
Max User Weight	180 kg
Target Muscles	Chest, upper back, shoulders

L852



Smart Biceps / Triceps

Smart Strength · Arms

Arm isolation station for curls and extensions. Motorised seat and back pad keep the elbow aligned with the pivot for clean, joint-friendly reps.

Model	L852
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 90 kg
Motorised Adjustment	Seat & back pad, 150 mm, 0–15 levels
Max User Weight	180 kg
Target Muscles	Biceps, triceps

L853



Smart Abdominal / Back Extension

Smart Strength · Core

Core trainer for both abdominal flexion and lower-back extension, with digitally controlled resistance from light rehab loads to athletic training.

Model	L853
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 100 kg
Max User Weight	180 kg
Target Muscles	Abdominals, lower back

L854



Smart Hip Adductor / Abductor

Smart Strength · Hips

Inner- and outer-thigh training on one compact frame. Precise digital loading makes it equally suited to strength and rehabilitation programmes.

Model	L854
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 90 kg
Max User Weight	180 kg
Target Muscles	Adductors, abductors, glutes

L855



Smart Lat Pulldown

Smart Strength · Back

Overhead pulling station with thigh hold-downs for a stable base. Digital resistance removes plate changes and starts every set from a smooth, controlled load.

Model	L855
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	10 – 100 kg
Max User Weight	180 kg
Target Muscles	Latissimus dorsi, upper back, biceps

L856



Smart Seated Leg Press

Smart Strength · Legs

The highest-capacity machine in the series, delivering up to 180 kg of servo resistance. Motorised seat and back pad set the ideal hip and knee angle.

Model	L856
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 180 kg
Motorised Adjustment	Seat & back pad, 150 mm, 0–10 levels
Max User Weight	180 kg
Target Muscles	Quadriceps, glutes, hamstrings

L857



Smart Pec Fly / Rear Delt

Smart Strength · Chest & Shoulders

Dual-function fly station for chest and rear deltoids. Rotating arms and motorised seat adjustment switch between both movements in seconds.

Model	L857
Monitor	15.6" touchscreen
Motor	Servo motor
Resistance Range	5 – 100 kg
Motorised Adjustment	Seat & back pad, 150 mm, 0–10 levels
Max User Weight	180 kg
Target Muscles	Chest, rear deltoids

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COMMERCIAL FITNESS

LET'S BUILD YOUR GYM

Design, supply and installation of commercial fitness equipment.

— **AI Smart Gym Series** — Smart Servo Strength, 8 models

Enquiries & quotations: **fiveringssports.in**

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Specifications and images are for reference and may change without notice. Upholstery and frame colours are customisable on request.